

26/11/2020

Subject - Science
CLASS - VI

CHAPTER I: Food (where does it
come from)

Task: A - Read the chapters.

Task: B - Write down these
Q1A in your fair notebook.

Q3. What do you mean by edible
part of plant?

Ans. Edible part means eatable
part of plant. eg. fruits.

Q4. What is food?

Ans. Food is a ^{eatable} substance which is
eaten by all living beings to
get energy for various
activities.

Q5. Make a colourful diagram of
different edible parts of
plant in your note-book.

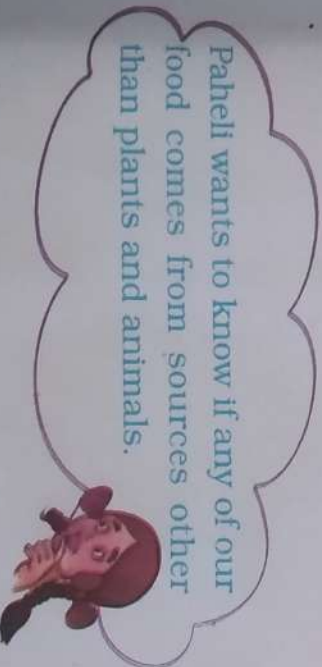
Ans. Try yourself (fig - 1.14)

What do we conclude from Activity 3? Plants are the sources of food ingredients like grains, cereals, vegetables and fruits. Animals provide us with milk, meat products and eggs. Cows, goats and buffaloes are some common animals which give us milk. Milk and milk products like butter, cream, cheese and curd are used all over the world. Can you name some other animals which give us milk?

1.3 PLANT PARTS AND ANIMAL PRODUCTS AS FOOD

Plants are one source of our food. Which parts of a plant?

We eat many leafy vegetables. We eat fruits of some plants. Sometimes roots, sometimes stems and even flowers (Fig 1.4). Have you ever eaten pumpkin



Paheli wants to know if any of our food comes from sources other than plants and animals.

Table 1.4 Plant parts as food

Food item with plant as the major source	Ingredients/ source	Plant part which gives us the ingredient
1. Brijnjal curry	Brijnjal Chilli as spice (any other)	Fruit Fruit
2.	Oil from groundnut, mustard, soybean, any other plant	Seed
3.		

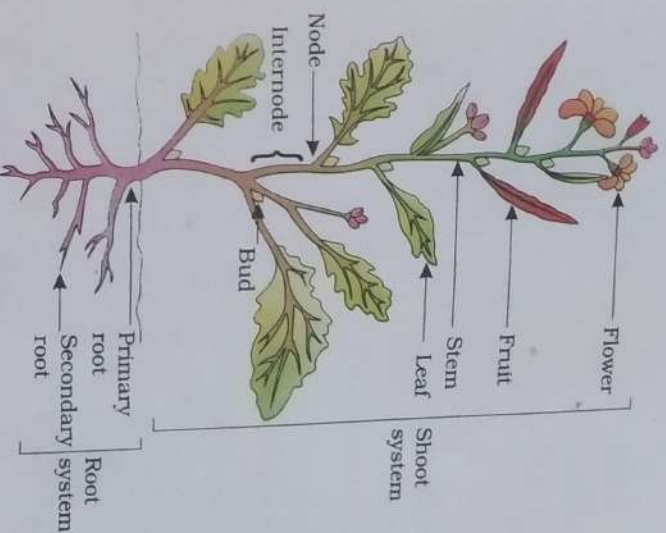


Fig. 1.4 Different edible parts of plants

flowers dipped in rice paste and fried? Try it!

Some plants have two or more **edible** (eatable) parts. Seeds of mustard plants give us oil and the leaves are used as a vegetable. Can you think of the different parts of a banana plant that are used as food? Think of more examples where two or more parts of a single plant are used as food.