

# Sense organs



Mini can smell the flower with the help of her nose.



Simi can see the flower with the help of her eyes.

Maria is feeling the movement of the feather with the help of her skin.



Reshma is hearing the sound of the bell with the help of her ears.



John is ringing the bell.

How tasty is this ice cream! Salma is tasting it with the help of her tongue.



## Bones and Muscles

The hard things in our body are bones. Bones are strong and they give us shape. We have 206 bones in our body.

**Muscles** are the soft parts (softer than the bones and harder than the skin) in our body. We have more than 600 muscles. Our **skin** covers the bones and the muscles.



## Good Habits to Keep Fit

Some good habits for taking care of our body parts are:

- ▶ We should eat properly.
- ▶ We should exercise every day.
- ▶ We should drink 6–8 glasses of water every day.
- ▶ We should keep all the body parts clean.
- ▶ We should take proper rest.

### REMEMBER

- ▶ Our body parts are of two types—external and internal organs.
- ▶ The heart pumps blood to all parts of the body.
- ▶ The brain helps us to think.
- ▶ The stomach helps us to digest food.



17<sup>th</sup> April, 2020Day - FridayLesson - 2 Keep your things in place, ArjunNew words

1	Competition	-	प्रतियोगिता
2	Excited	-	उत्साहित
3	Mess	-	गड़बड़
4	Crayons	-	क्रेयॉन
5	Cupboard	-	अलमारी
6	Quickly	-	जल्दी से
7	Consolation	-	सांत्वना
8	Nervous	-	बेचैन
9	Prize	-	इनाम
10	Announcement	-	घोषणा

Homework → Learn/write new words 1-2