

29th April, 2020

Homework

Day - WednesdayOpposite word

	<u>Word</u>		<u>opposite</u>
1	Up	-	Down
2	Put off	-	Put on
3	Fat	-	Slim
4	Hot	-	Cold
5	Plain	-	Rough
6	Stop	-	Walk
7	Empty	-	Full
8	Day	-	Night
9	Shine	-	Dull
10	Out	-	In
11	Right	-	Wrong
12	Hello	-	Bye



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2. V.S

WARM UP

Lead Alka to the apple.



Food is our basic need. It helps us to live. It keeps us healthy and fit.

We get food from **plants**:

Plants give us different types of food.

- ▶ They give us cereals like wheat, rice and maize.
- ▶ They give us pulses like moong and gram.
- ▶ They give us fruits and vegetables.



Fruits and vegetables



Wheat Rice Maize

We also get food from **animals**. Animals give us food like meat, egg, fish, milk and honey.



Food from plants



Food from animals

Do You Know?

We make different things from milk.

People who eat vegetables, cereals, pulses and fruits only are called vegetarians.

People who eat meat, fish and eggs are called non-vegetarians.

Are you a vegetarian or a non-vegetarian?

Kinds of food

There are different kinds of food.

Rice, potatoes, butter, cheese and sugar are **energy-giving foods**. They give us energy to work, play and think.



Potatoes



Rice



Butter



Cheese



Sugar

