

## Exercises

### A. Tick (✓) the correct answer.

1. The process of taking in air is called

(a) inhalation  (b) exhalation  (c) breathing

2. An individual breathes about 12-15 times in

(a) one second  (b) one minute  (c) one hour

3. We breathe out

(a) oxygen  (b) carbon dioxide  (c) nitrogen

### B. Write True or False.

1. Air (oxygen) is not necessary for living.

2. Inhalation means taking in air.

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3. The air we breathe out contains water vapour.
4. Oxygen helps the fire to burn.

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**C. Fill in the blanks.**

1. The openings in the nose are called Nostriks.
2. Our breath is hot and humid.
3. The mirror becomes blurred when we blow air on it.
4. We breathe fast when we run.